

Avinity Foundation

Participant fees do not fully cover the costs of *The Gathering*. Funding from grants and generous donors help sustain this community-based programming.

The Avinity Foundation is a 501(c)3 organization dedicated to helping older adults thrive in the community they call home.

Thank you for considering both current and future gifts to the Avinity Foundation.

You may make current gifts by:

- ♦ Mailing a check to The Avinity Foundation, 7645 Lyndale Av. S., Suite 110, Richfield, MN 55423
- ♦ Donating online at <https://bit.ly/Donate2Avinity>

When considering a significant gift, donors are encouraged to seek counsel from a trusted advisor.



About Avinity

Avinity Senior Living is a non-profit, faith-based organization that owns and manages affordable senior living communities throughout the Twin Cities area.

Avinity Senior Living communities are designed to support a youthful spirit by offering the amenities, activities and companionship residents enjoy.

For more information, contact

Avinity Foundation
7645 Lyndale Ave. S, Suite 110
Richfield, MN 55423
612.861.2799



AVINITY[®]
Living with Spirit

www.AvinitySeniorLiving.org

The Gathering

Coordinated by Avinity



Our Vision

To imagine, inspire and nurture a youthful spirit in every older adult we meet.

Our Mission

Inspired by God's love, Avinity creates communities for older adults that nurture body, soul and spirit.

Our Values

Excellence - we have high standards; we seek to be innovative.

Compassion - we open our hearts to residents, caring for the whole person - body, soul and spirit.

Respect - we hear and support the needs of others; we work to build trust.

Integrity - we consistently adhere to high ethical standards.

Fellowship - we encourage an inclusive, spiritual community.

Stewardship - we use our resources prudently.

Testimonials



“The volunteers are so friendly and there is a volunteer for each member so we get a lot of individual attention at every session. When I am in the group, I can forget that anything is wrong and just be myself and the others can be themselves too. It’s a friendly group of regular people doing things together.”

~ Participant



“My husband has attended *The Gathering* for two years. There has not been a single day he has not been excited to attend. Each day is filled with engaging activities. The staff and volunteers are the best! They greet him with a smile and enthusiasm and guide him through the activities with patience and kindness. He has a feeling of belonging.”

~ Caregiver



The Gathering

The Gathering, coordinated by Avinity, seeks to provide stimulating programming for those experiencing early- to mid-stage memory loss in a safe and welcoming setting while their caregiver enjoys time for other priorities.

Participant Programming

Compassionate volunteers build personal relationships with program participants.

Each *Gathering* session is carefully planned around themed activities that are designed to be socially and cognitively stimulating. The sessions are led by specially-trained volunteers in collaboration with licensed staff from Avinity Respite Solutions.

Small groups of no more than 10 participants meet two to four times per month on Thursdays from 10 a.m. to 3 p.m. and are hosted at and supported by partnering churches.

Participants enjoy a nutritious lunch and activities that nurture the body, soul, and spirit.

Prior to enrollment, a caregiver and their loved one experiencing memory loss meet with an Avinity Respite Solutions professional for an assessment and conversation about how *The Gathering* can meet their needs.

Participants pay a sliding scale session fee which is billed monthly.

Support groups and resources are available to caregivers of *Gathering* participants.

To inquire about how to get involved with *The Gathering*, please contact Mary Casarez at Avinity 612.243.4591 or MCasarez@AvinitySeniorLiving.org

Our Partners

The Gathering is made possible through partnerships with local churches that generously support the program by providing meeting space, financial investments and volunteers. Currently, locations for *The Gathering* include:

- ♦ Bethlehem Lutheran Church, 4100 Lyndale Ave. S. Minneapolis (spots available)
- ♦ Oak Knoll Lutheran Church, 600 Hopkins Crossroad Minnetonka (currently full, with a wait list)

Dedicated volunteers are specially trained to plan and lead *Gathering* sessions while providing companionship and socialization to participants. **New volunteers are always welcome!**

